



Survey of Journey Into Manhood Participants 2002-2006

In 2007, People Can Change conducted a survey of men who had participated in PCC's Journey Into Manhood (JiM) weekend between January 2002, when it was first presented, and the 22nd JiM weekend in December 2006 ("JiM 22").

Measuring 6-Month to 5-Year Impact

We deliberately did not include men who participated in JiM in 2007 because our intention was to measure longer-term effects of the JiM weekend on participants. Respondents had participated in JiM at least 6 months and as long as 5 ½ years before taking the survey.

497 Men Queried

A total of 615 men took the JiM weekend by December 2006, and we had current, valid email addresses for 497 (81%) of them.

(The number 497 excludes the small number of past participants (less than 10 people?) who, for various reasons, had asked to be excluded from People Can Change mailings. Presumably, most (but not all) of these men held negative attitudes toward People Can Change or the possibility of change at the time.)

45% Response Rate

People Can Change received responses from 224 past journeyers – a response rate of 45% of all men who received the survey (or 36% of all men who took the JiM weekend from 2002 through 2006).

Terminology: "Same-Sex Attracted"

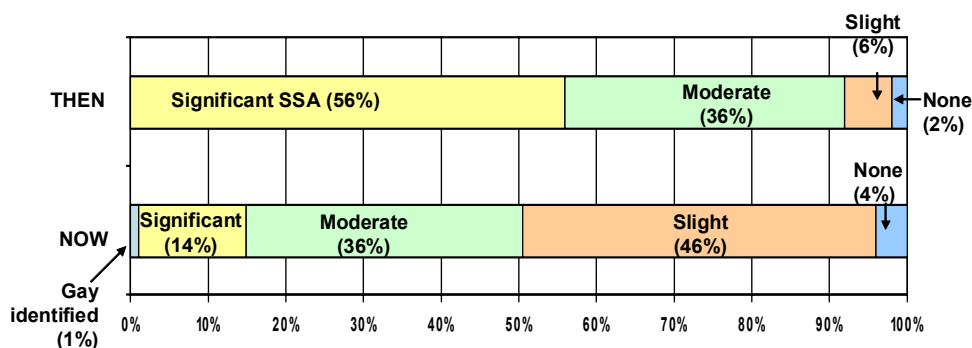
This survey uses the terms "same sex attraction" or "SSA" rather than "homosexuality" or "gay," as it is the preferred and widespread terminology among people who have these feelings but do not wish to adopt a homosexual or gay identity.



56% say they experienced "significant" same-sex attraction (SSA) at the time they took JiM,

but...

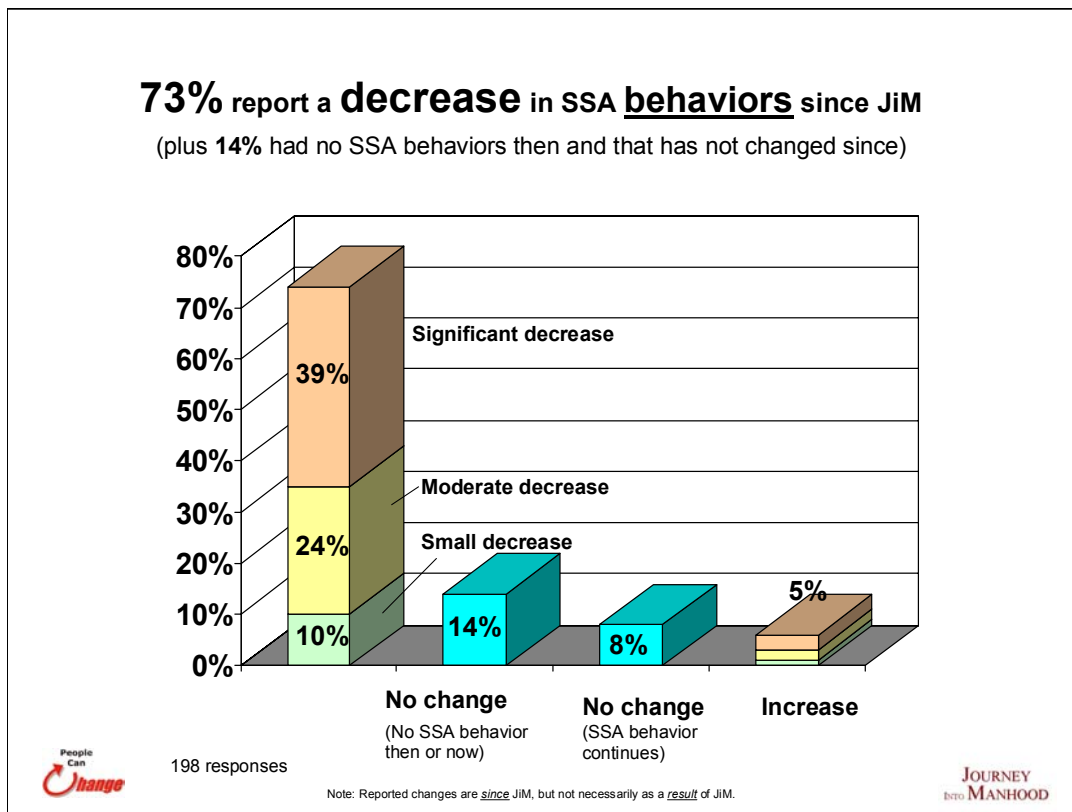
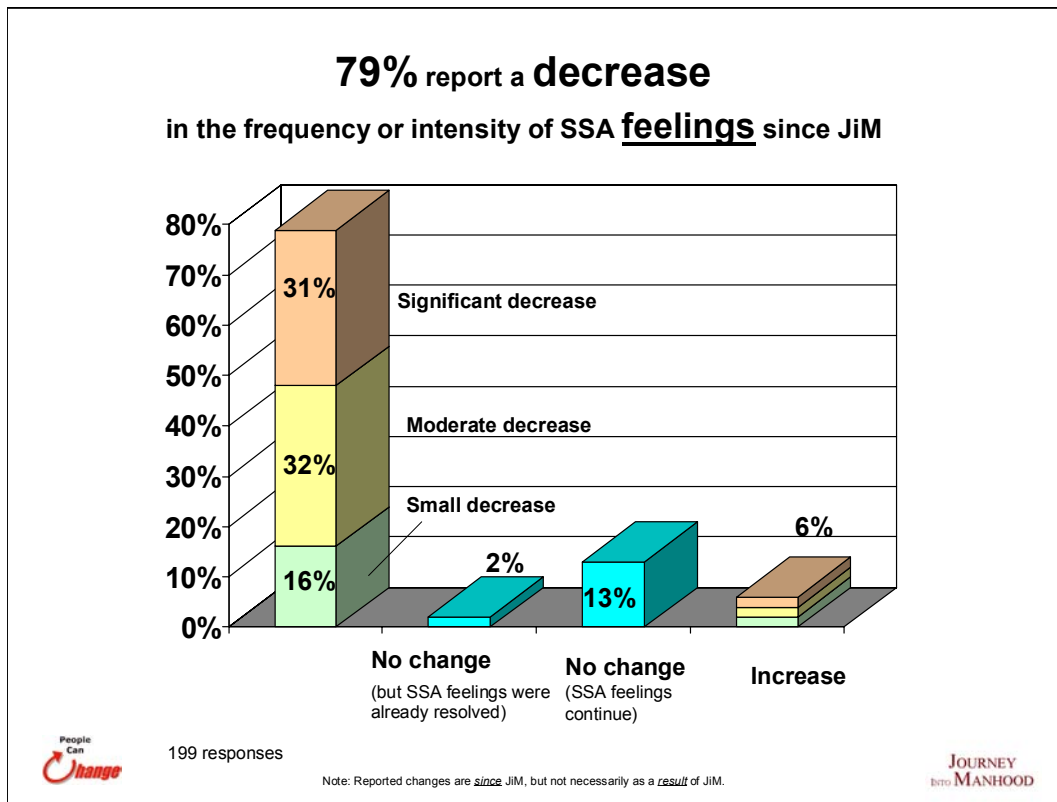
Only **14%** of respondents say they experience "significant" SSA now

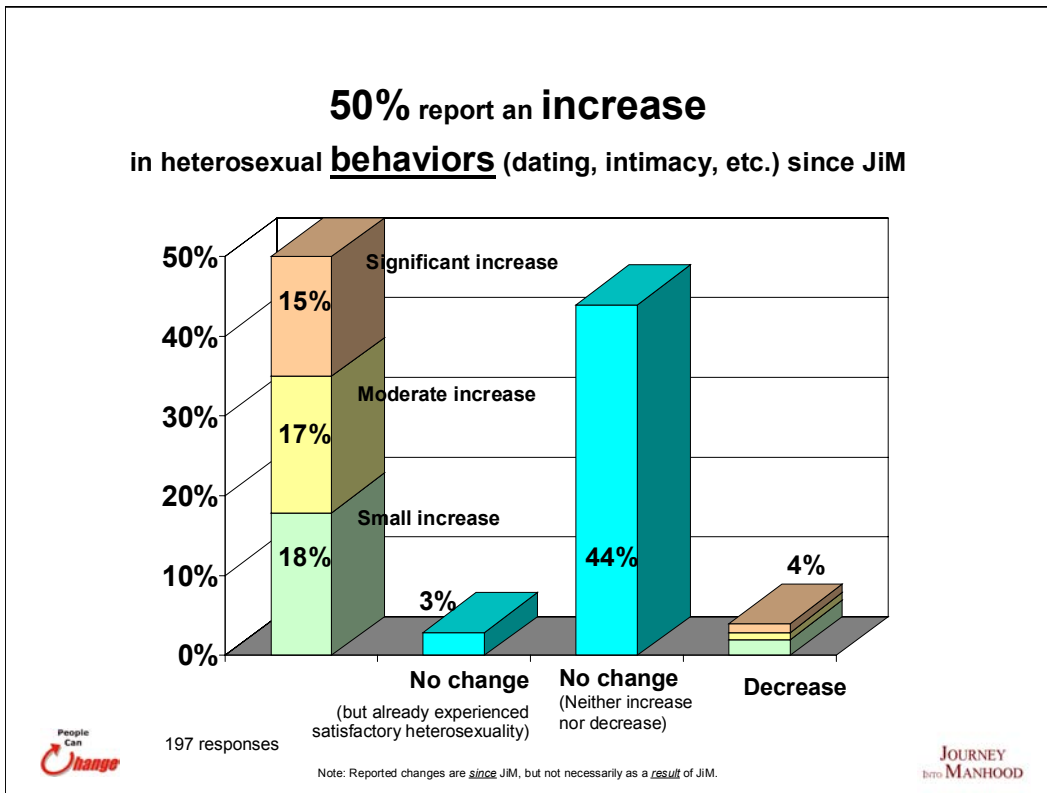
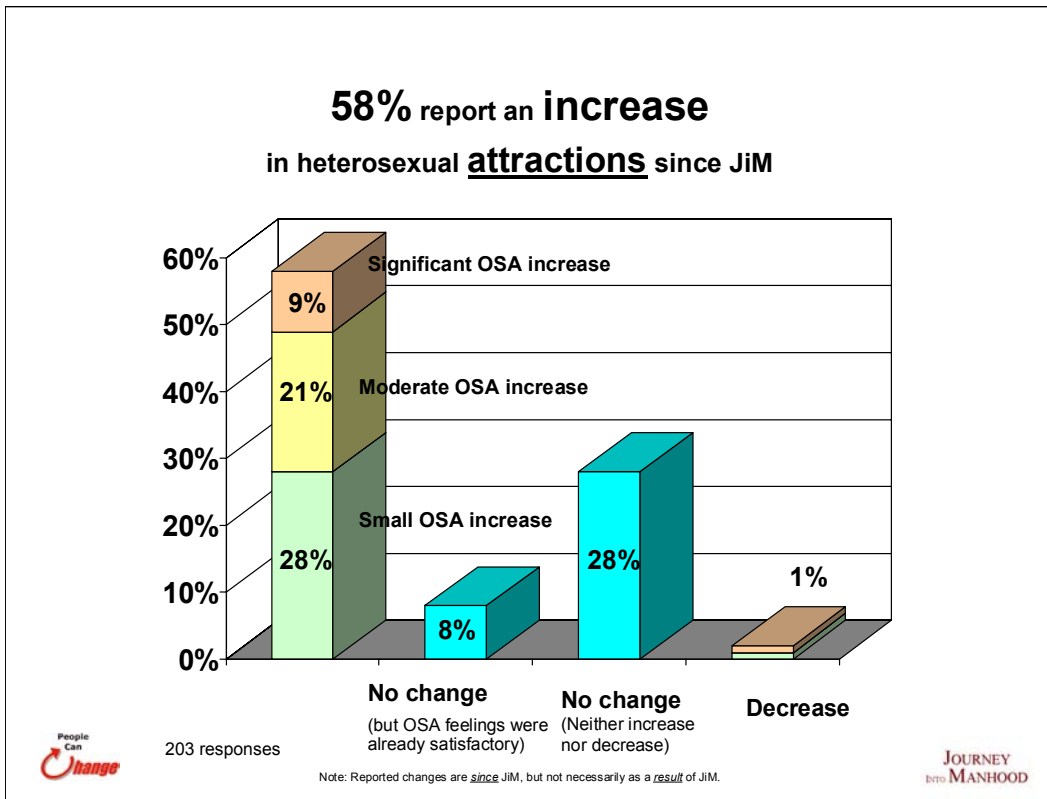


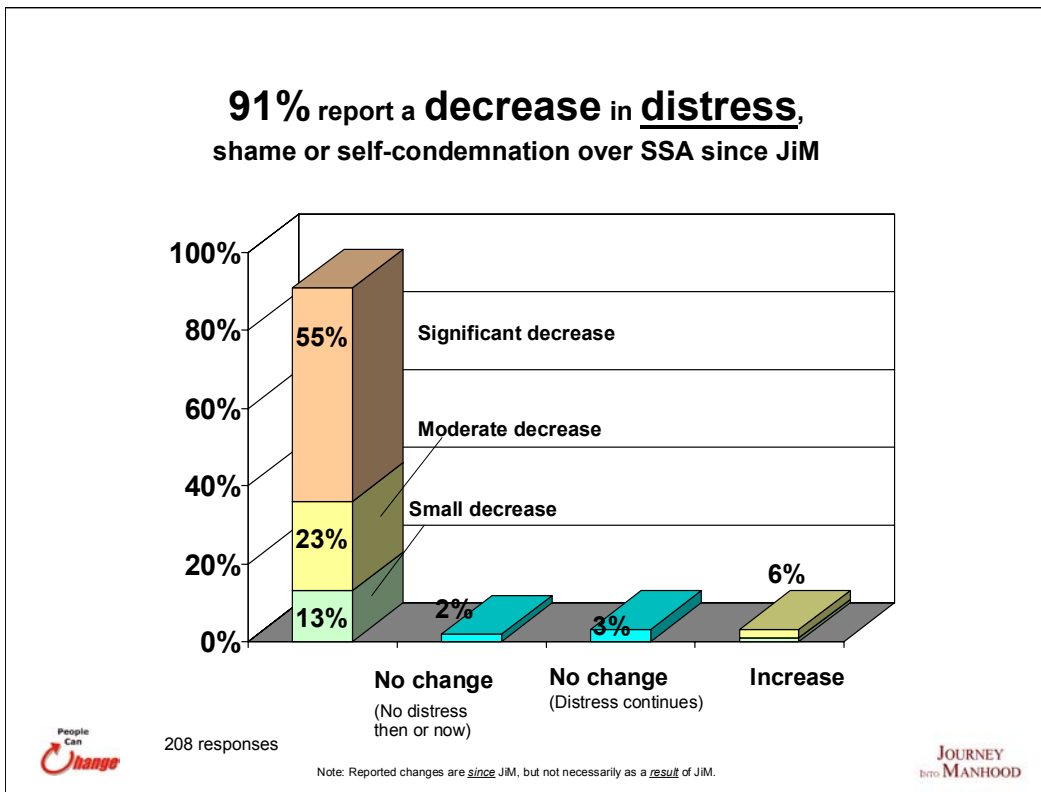
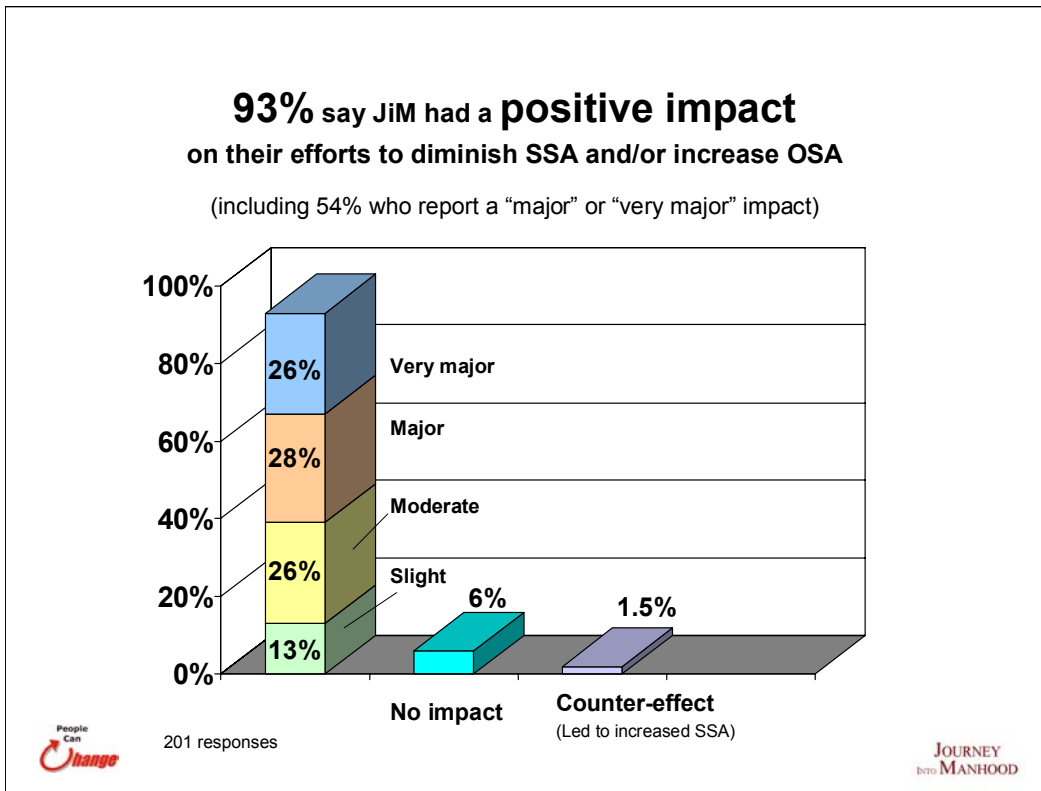
203 responses ("Then"), 198 responses ("Now")

Note: Reported changes are *since* JiM, but not necessarily as a *result* of JiM.



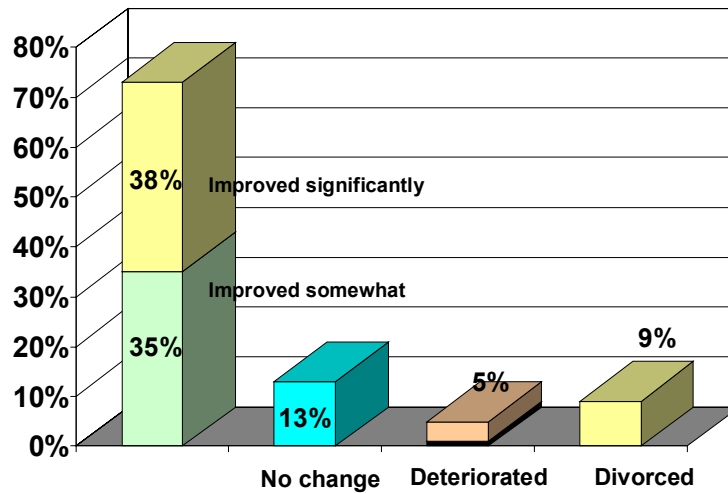






39% were married when they took JiM (including 3% in the process of a divorce).

Of them: **73%** say their marriage has **improved** since JiM



80 responses

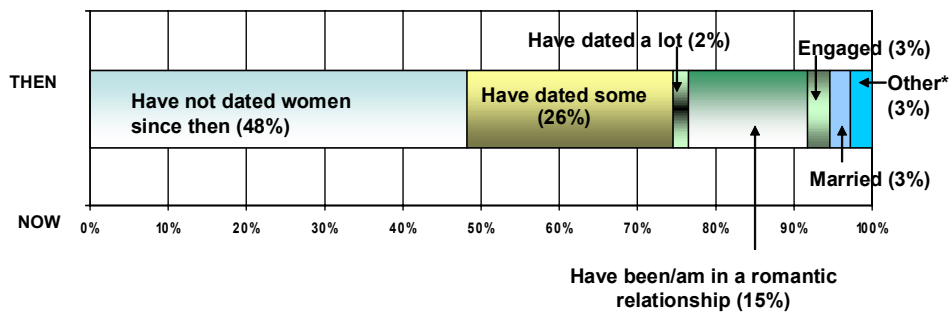
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61% were single when they took JiM. Of them:

43% have dated women some, a lot, or have been (or are) in a romantic relationship with a woman since JiM

Another **6%** have married or become engaged



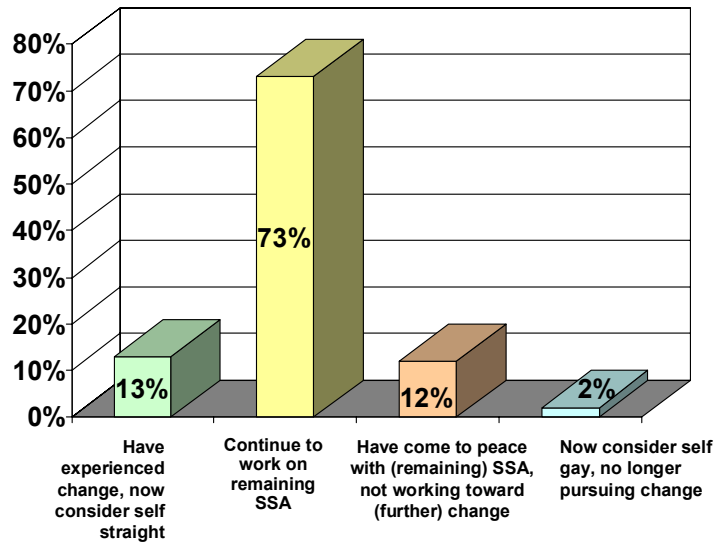
*Other: 1% married but divorced, 1% in a gay relationship, 1% committed to celibacy

145 responses

Note: Reported changes are *since* JiM, but not necessarily as a *result* of JiM.



13% have experienced enough change to now consider themselves **straight**, while **73%** continue to work on further change



190 responses

Note: Reported changes are *since* JIM, but not necessarily as a *result* of JIM.



About **90%** of all participants feel:

- better about themselves,
- more in touch with their feelings,
- and better able to identify and meet their needs

About **85%** feel more confident, authentic and masculine, and have better male friendships

	True	False	Neither / don't know / NA
I feel better about myself	90%	4%	6%
I am more in touch with my feelings	89%	4%	6%
I am better at identifying and meeting my real needs	89%	7%	4%
I am more confident	86%	8%	6%
I have better male friendships	85%	8%	7%
I express my authentic self to others more	84%	8%	8%
I feel more masculine	83%	5%	11%



Note: Reported changes are *since* JIM, but not necessarily as a *result* of JIM.



80% or more:

- are happier and more at peace
- have more male friendships, are less isolated, and feel more sense of belonging to the world of men.

	True	False	Neither / don't know / NA
I have more peace in my life	83%	6%	11%
I feel more like I belong to the world of men	83%	6%	11%
I am happier	83%	6%	12%
I have more male friendships	82%	10%	8%
I am hiding less of myself	81%	11%	8%
I am kinder to myself	80%	11%	9%
I am less isolated	80%	12%	8%



Note: Reported changes are since JIM, but not necessarily as a result of JIM.



A majority have less shame and more love in their lives.

They feel more powerful, less emotional pain, are “acting out” less, and their behavior is more in line with their values and beliefs.

	True	False	Neither / don't know / NA
I have less shame or guilt in my life	79%	10%	11%
I have more love in my life -- I feel more loved and I have more love for others	79%	12%	9%
I feel more powerful	77%	11%	12%
I belong more to groups and am in community more with others	76%	14%	10%
I have brought my behavior and feelings more in line with my values and beliefs	74%	11%	16%
I have less emotional pain in my life	67%	21%	12%
I am "acting out" sexually less	65%	14%	21%
I have less lust in my life	65%	24%	11%
I am more connected to God/spirituality	63%	18%	19%
I am more attracted to women	48%	27%	26%

Note: Reported changes are since JIM, but not necessarily as a result of JIM.



